

PRT Online



Increase your knowledge and confidence in the delivery of evidence-based, best practice Pulmonary Rehabilitation.

Developed in consultation with a nationwide clinical advisory panel, this fully online comprehensive training program contains:

- Case studies & videos
- Interactive features
- Downloadable assessment tools, patient handouts & training notes
- Quizzes & assessments to test your knowledge

PRT Online is aimed at health professionals who play a role in delivering Pulmonary Rehabilitation.

This includes, but is not limited to:

- physiotherapists,
- exercise physiologists
- nurses



**LUNG
FOUNDATION**

AUSTRALIA

*"When you can't breathe...
nothing else matters"™*

The ESSA Continuing Education Committee certifies that this continuing education offering meets the criteria for 6 Continuing Professional Development (CPD) Points.



Toll Free: 1800 654 301



Website: www.lungfoundation.com.au

PRT Online Course Modules

Obtain
6 CPD
Points with
ESSA

Establishing a Pulmonary Rehabilitation

Key elements for a successful Pulmonary Rehabilitation Program. Referral process, staffing, multidisciplinary teams, facility and equipment, maximising adherence and facilitating transition to maintenance programs.

The Respiratory System & COPD

Respiratory system and the mechanics of breathing. Pathophysiology of COPD, COPD management and other respiratory conditions.

Comprehensive Patient Assessment

Patient assessment protocols, eligibility, patient history, physical assessments, screening tools, problem solving and goal setting.

Patient Assessment – Spirometry

Spirometry, its role in diagnosis, and its use within a Pulmonary Rehabilitation Program.

Patient Assessment - Assessing Exercise Capacity

How to assess exercise capacity, whilst considering patient safety and practical issues.

Patient Assessment – Quality of Life

Assessing and measuring Quality of Life within a Pulmonary Rehabilitation Program.

Exercise Training

The importance of exercise in the treatment of COPD & other chronic lung conditions. A comprehensive understanding of how to implement exercise into a Pulmonary Rehabilitation Program.

Patient Education

Identifying and integrating patient education to promote effective self-management.

Program Evaluation & Trouble Shooting

Importance of program evaluation. Tips and techniques to solve common issues that can arise when conducting a Pulmonary Rehabilitation Program.

Assessment 1

30 question quiz - 80% mark required

Assessment 2

Case study with 11 questions – 80% pass mark required

For more information contact Lung
Foundation Australia **1800 654 301**
or **www.lungfoundation.com.au**



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